The BreastSurgANZ OPBS Level 1 workshop is an interactive workshop focusing on breast conservation therapy and level one Oncoplastic procedures, with an emphasis on techniques that can be used in routine practice, as well as providing an introduction to breast reconstruction.

Video sessions, interactive and case discussions will ensure this one-day course will be highly relevant to all breast surgeons.

This comprehensive one-day program includes:
- Incision placement
- Patient selection
- Surgical techniques
- Approaches for dealing with difficult tumour locations including central and inferior tumours
- Therapeutic mammoplasty
- Management of complications
- Overview of breast reconstruction

Course Objectives
The workshop is designed to:
- Create a dynamic atmosphere for ongoing education in breast cancer care
- Create an exciting and relevant educational opportunity to further knowledge regarding Oncoplastic surgical techniques
- Stimulate networking and discussions about ways to optimise patient care
- Provide better patient care by credentialing more surgeons to perform Oncoplastic surgery

Learning Outcomes
By the end of this activity we expect participants will have acquired
1. Improved knowledge of the importance of incision placement and glandular remodelling
2. An understanding of breast conservation surgical techniques including approaches to tumours in ‘difficult’ breast positions
3. A basic understanding of therapeutic mammoplasty and breast reconstruction techniques and management of complications
4. Improved decision making and patient selection for these techniques
# Program: Saturday 10th August 2019, Crowne Plaza, Queenstown NZ

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>08.00 – 08:30</td>
<td><strong>Registration</strong></td>
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| 08:30 – 08:40 | Welcome and Introduction         | Dr Peter Chin, Convenor  
Dr Melanie Walker |
| 08:40 – 09:00 | What is Oncoplastic Breast Surgery? |                                              |
| 09:00 - 09:20 | Evolution and Training in OPBS in Australia and NZ |                                              |
| 09:20 – 09:40 | Basis of Good Cosmesis           |                                              |
| 09:40 – 10:00 | Breast Anatomy & Skin Lines. What Incision Should I Use? |                                              |
| 10:00 – 10:20 | When Should I Operate? Optimal Timing of Different Treatment Modalities |                                              |
| 10:20 – 10:45 | **Morning Tea**                  |                                              |
| 10:45 – 11:00 | Basic Tech: De-epithelialization, Dual plane, Nipple repositioning |                                              |
| 11:00 – 11:30 | Peri-areolar Approach, Round Block, Racquet-shape |                                              |
| 11:30 – 11:50 | Batwing, Melon Slice, Grisotti Flap |                                              |
| 11:50 – 12:10 | An Overview of Therapeutic Mammoplasty and Perforator Flaps |                                              |
| 12:10 – 13:15 | **Lunch**                        |                                              |
| 13:40 – 14:00 | Overview of Breast Reconstruction and Patient Selection |                                              |
| 14.00 – 15:00 | Group Discussion – Challenging Cases | Faculty                                      |
| 15:00 – 15:30 | **Afternoon Tea**                |                                              |
| 15:30 – 15:45 | How To Do a Simple Mastectomy Well |                                              |
| 15.45 – 16:05 | How I Do a Skin-sparing and Nipple-sparing Mastectomy? |                                              |
| 16:05 – 16:25 | Post-operative Care and Management of Complications |                                              |
| 16:25 – 16:30 | Closing Remarks                  | Dr Peter Chin, Convenor                      |

Provisional program correct at time of circulation and is subject to changes.
Faculty

The presenters for 2019 are comprised of a specialised Australian and New Zealand faculty.

**NZ**
*Convenor:* Peter Chin  
Josie Todd  
Usha Shan

**Australia**
Melanie Walker  
Andrew Spillane  
James French  
Sanjay Warrier  
David Littlejohn

(See Faculty biographies next page)

**Continuing Medical Education (CME)**

The Level 1 Workshop will be submitted to the Royal Australasian College of Surgeons for Registrants who participate in this workshop to qualify for RACS CME points.
Faculty Biographies

Peter Chin, Convenor

Peter Chin is an Oncoplastic breast surgeon based in Tauranga, New Zealand where he has been the lead breast surgeon for over 12 years. He graduated from the University of Melbourne, undertook his FRACS training in New Zealand and gained post-fellowship experience at the Edinburgh Breast Unit. Peter is a founding member of the BreastSurgANZ and is actively involved in the oncoplastic subcommittee. He is also on the executive council of the Australasian Society of Breast Disease and is an honorary lecturer with the University of Auckland. He is passionate about teaching and has contributed to the oncoplastic module of the University of Sydney’s Breast course.

James French

James is the head of breast surgery at the Westmead Breast Cancer Institute. He has a particular interest in the use of mammoplasty techniques in breast conserving surgery ensuring both good cancer and aesthetic outcomes. He also specialises in nipple sparing mastectomy combined with immediate direct to implant pre pectoral reconstruction. James is an enthusiastic teacher of surgical trainees and fellows and has contributed to over 40 peer reviewed papers.

David Littlejohn

Dr David Littlejohn is a specialist Breast oncoplastic, endocrine and general surgeon with 20 years’ experience in oncoplastic surgery and is considered a leader in this field. David is clinical lecturer at the University of NSW and a lecturer in the graduate certificate in oncoplastic surgery at the University of Sydney. David performs a full range of breast cancer surgery including breast oncoplastic procedures such as LICAP, miniflaps and therapeutic mammoplasty as well as immediate and delayed breast reconstruction utilising both flap and implant based techniques. David is currently the Vice President of BreastSurgANZ and a founding member of Breast Surgeons NSW and BreastSurgANZ. He was the convenor of the first Level 2 Cadaver oncoplastic workshop in Brisbane 2014. He is also a member of the Int.Society of Endocrine Surgeons. David has recently published on minimally invasive parathyroid surgery and the use of 4DCT in Wagga and surgeon directed ultrasound. David is the A&NZ author of the IBCSG23.01 trial on micrometastases in sentinel nodes.
Usha Shan

Usha, a Lead Breast, Oncoplastic & General Surgeon, developed the oncoplastic unit in Whangarei Hospital. She established the nurse led breast clinic, developed the electronic breast triaging system and health pathways for GPs in Northland. She was a member of the National Training Committee supervising trainees for 8 years. Awarded Best Oral presentation on ‘Tennis Racquet Incision’ ORBS Nottingham 2015.

Andrew Spillane

Andrew Spillane is Professor of Surgical Oncology at The University of Sydney, Northern Clinical School. He specialises in the surgical management of breast cancer & melanoma. Andrew is a senior VMO surgeon at the Mater North Sydney, Royal North Shore Hospital and North Shore Private Hospitals. Andrew is immediate past President of BreastSurgANZ, a member of the Breast Cancer Trials Scientific Advisory Committee and BCT breast surgery Craft Group Lead, a member of the Executive of the ANZMTG, Breast sub-editor for the ANZ Journal of Surgery, an editorial board member of Annals of Surgical Oncology and the Journal of Surgical Oncology and founding co-director of the Uni of Sydney’s Graduate Certificate in Breast Surgery. Andrew’s current research interests investigate issues around quality assurance in surgery, safe introduction of new surgical techniques and promoting clinical trial involvement by surgeons. He is involved in clinical and translational research on aspects of breast cancer and melanoma. He has been an author on about 140 peer reviewed publications and co-authored 4 book chapters. He lectures and teaches students at the Northern Clinical School.

Josie Todd

Josie Todd is a UK-trained oncoplastic breast and general surgeon based in Christchurch, NZ. She was appointed as the first oncoplastic breast surgeon in Canterbury, offering a range of oncoplastic procedures and the first to introduce TIGR mesh for implant reconstruction, Li-CAP and Ai-CAP flaps for immediate reconstruction in women with raised BMI & bi-pedicled nipple-preserving skin reducing mastectomy in the DHB. She is an Education Supervisor, Examiner for the Royal College of Surgeons of Edinburgh and an independent expert advisor to the Health & Disability Commission.
Melanie Walker

Melanie Walker is a specialist breast surgeon in Melbourne. Melanie’s interest in oncoplastic surgery was inspired by her time in the United Kingdom where she spent a year at the Edinburgh Breast Unit with Mike Dixon and a year as an oncoplastic fellow at the Canniesburn Plastic Surgery Unit in Glasgow. Melanie is in private practice, and holds public appointments at Alfred and Monash Health, as well as Breastscreen Victoria. Melanie is a founding member of the executive committee of BreastSurgANZ and is Co-Chair of the oncoplastic sub-committee.

Sanjay Warrier

Sanjay Warrier is a breast oncology and oncoplastic surgeon at Chris O’Brien Lifehouse and Mater Hospitals. He is also a Visiting Medical Officer at BreastScreen NSW. He is: an Associate Professor of Sydney University with the Royal Prince Alfred Academic Institute; a Board member of the Sydney Breast Cancer Foundation; Co-chair of the Post-Fellowship Training Subcommittee of BreastSurgANZ; the current Site Director of Surgical Training at RPAH; and the course co-ordinator for the Breast Surgical Graduate Certificate/Masters at the University of Sydney/BreastSurgANZ.
Accommodation

Accommodation is to be booked directly with the hotel by each delegate.

Queenstown has high occupancy during August. **We strongly recommend that you book your accommodation as a priority.**

A room block has been arranged with Crowne Plaza Queenstown, subject to availability.

Please complete the Crowne Plaza Queenstown accommodation form attached.

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Workshop Secretariat

For further information, please contact the workshop secretariat:

RACS Conferences and Events Management  
Royal Australasian College of Surgeons  
250-290 Spring Street  
East Melbourne, VIC 3002  
T: +61 3 9249 1260  
F: +61 3 9276 7431
Please complete this form and fax or email to the details above

Name: Mr/Ms/Miss/Dr __________________________ (Surname) __________________________ (Given Name)

Accompanied by __________________________ (Surname) __________________________ (Given Name)

Check in Date: __________________________ Checkout Date: __________________________

Room Types
Please choose your first, second and third preferences for accommodation below. If your first choice is no longer available, you will be given your second choice etc. All rates are in NZD and inclusive of tax per night and includes breakfast for one (1) or two (2) persons.

Lakeview Twin (2 x double beds) Preference: (_______) $350.00 per night (1) / $370.00 per night (2)
Lakeview King (1 x King bed) Preference: (_______) $350.00 per night (1) / $370.00 per night (2)
Balcony Lakeview Twin (2 x double beds) Preference: (_______) $325.00 per night (1) / $345.00 per night (2)
Balcony Lakeview King (1 x King bed) Preference: (_______) $325.00 per night (1) / $345.00 per night (2)
Mountain view Twin (2 x double beds) Preference: (_______) $300.00 per night (1) / $320.00 per night (2)
Mountain view King (1 x King bed) Preference: (_______) $300.00 per night (1) / $320.00 per night (2)
Courtyard Twin (2 x double beds) Preference: (_______) $280.00 per night (1) / $300.00 per night (2)
Courtyard King (1 x King bed) Preference: (_______) $280.00 per night (1) / $300.00 per night (2)

Additional person (3 or more) is $65 per person per day for a rollaway bed

Daily Parking charge of $20.00 per vehicle

Booking is guaranteed by:

Credit card Number: ______________________________________________________________

Type of card: _________________________________________________________________

Expiration Date: _______________________________________________________________

Cardholders Name: _____________________________________________________________

Phone number: __________________________ Fax number: ___________________________ 

Email Address: _________________________________________________________________

If you are settling your account at the hotel with any credit card, please note that a merchant service fee, which is currently 1.5% of the amount charged, will apply. This fee is subject to change. Applicable fee will be confirmed on check-in. You may choose to change method of payment on checkout to cash or EFTPOS as these methods do not attract fee

Cancellation policy
*Credit card details are required to guarantee this reservation
*Reservations cancelled outside of 90 days prior to the arrival date incur no cancellation fee
*Reservations cancelled between 90 days prior to arrival and 60 days prior to arrival will incur 1 night cancellation penalty
*Reservations cancelled between 60 days prior to arrival and 30 days prior to arrival will incur 2 nights cancellation penalty
*Reservations cancelled within 30 days prior to arrival will incur full accommodation penalty