

LEVEL 1 ONCOPLASTIC BREAST SURGERY (OPBS) WORKSHOP

Overview

Date: Monday 1 May 2023

Time: 8.00am – 3.30pm

Location: Pearl Room, Mezzanine Level, Mayfair Hotel, Adelaide

Convenor: A/Prof Bev Fosh, FRACS

THE WORKSHOP

BreastSurgANZ educational workshops are outcome focused and centred around creating dynamic learning environments that help optimise patient care by improving the skill capabilities of breast surgeons.

The 2022 Oncoplastic Breast Surgery (OPBS) Workshop will return as a face-to-face meeting.

This workshop focuses on breast conservation therapy, level one oncoplastic procedures with an emphasis on techniques that can be used in routine practice together with an introduction to breast reconstruction.

COURSE OBJECTIVES

The Level 1 Oncoplastic workshop is designed to:

- Create a solid foundation for ongoing education in breast cancer care.
- Create a relevant educational opportunity to further knowledge regarding oncoplastic surgical techniques.
- Stimulate networking and discussions about ways to optimise patient care.
- Provide better patient care by credentialing more surgeons to perform oncoplastic surgery

LEARNING OUTCOMES

- Improved knowledge of the evolution and training of OPBS in Australia and New Zealand
- Developing a good understanding of common Level 1 oncoplastic techniques and appropriate use in carefully selected patients
- Improved decision-making and patient selection for oncoplastic techniques

PROGRAM

TIME	TOPIC	SPEAKER
08:00 - 08:10	Welcome & Introduction Aims + Objectives	A/Prof Beverley Fosh Convenor
SESSION 1: MASTECTOMY		
08:10 – 08:30	Basis of good cosmesis: Anatomy, skins lines, measurements, and markings	Dr Daniel de Vianna
08:30 – 08.45	How to do a simple mastectomy well	Dr Susannah Graham
08.45 – 09.05	How to do a skin-sparing and nipple sparing mastectomy	A/Prof James French
09.05– 09.20	Sponsor presentation	
09.20 – 09.50	MORNING TEA	
SESSION 2: PARTIAL MASTECTOMY		
09.50 – 10.10	Basis techniques: De-epitheliasation, dual plane, and periareolar approach	Dr Elisabeth Rippy
10.10 – 10.35	Round Block & Racquet-shape approach	Dr Fred Azimi
10.35 – 10.50	Batwing, Melon Slice & Grisotti Flap	A/Prof Cindy Mak
10.50 – 11.15	Quadrant by Quadrant Approach – A Summary	Dr Susannah Graham
11.15 – 12.50	Model Mark Up Session	ALL
12:50 – 13.40	LUNCH	
SESSION 3: REDUCTION & RECONSTRUCTION		
13:40 – 14:10	Overview of Therapeutic Mammoplasty and Perforator Flaps	A/Prof Sanjay Warriar
14:10 – 14.35	Overview of Immediate Breast Reconstruction and Patient Selection	A/Prof James French
14.35 – 15.00	The Brighter Study Results: Comparing outcomes of Total Mastectomy and Mastectomy and immediate reconstruction	A/Prof Shelley Potter (UK)
15.00 – 15.25	Guest Lecture	Prof. Cicero Urban (Brazil)
15:25 – 15:30	Q&A and CLOSING REMARKS	A/Prof Beverley Fosh

FACULTY

A/Prof Bev Fosh, Convenor



A/Prof Beverley Fosh obtained her Fellowship in General Surgery from the Royal Australasian College of Surgeons in 2011. She graduated in Medicine from the University of Dundee in 1997 and obtained her post graduate Doctorate in cancer surgery in 2005 whilst working at The Queen Elizabeth Hospital, Adelaide. After completing surgical training Beverley extended her experience in her chosen speciality through a Fellowship at Flinders Medical Centre in the Breast and Endocrine Surgical Unit. She practices as a General Surgeon with a specialist interest in Breast and Surgical Oncology with private practice at Adelaide Plastic Surgery and is a Consultant Surgeon at Modbury Hospital. Complementing her clinical practice Beverley has continued her research, published numerous papers, and given presentations at State and International Meetings and is involved with trials for Breast Cancer treatment. She is a Senior Clinical Lecturer at Flinders University, and Associate Professor with both Uni SA and the University of Adelaide.

Dr Fred Azimi



Dr Fred Azimi is a surgical oncologist at Liverpool hospital and Chris O'Brien Lifehouse. He is a lecturer at Western Sydney University and a researcher at the Ingham Institute of Applied research.

Dr Daniel de Viana



Dr Daniel de Viana graduated from the University of Queensland and completed his general surgery training through Princess Alexandra Hospital, Brisbane. He undertook comprehensive postgraduate surgical training in Breast Surgery and Cancer Management in the United Kingdom. He settled on the Gold Coast in 1999, initially working as Staff Breast Surgeon at Gold Coast Hospital and commenced private practice in 2000. Dr de Viana also serves as a Consultant Surgeon for BreastScreen Queensland, Southport Branch. His private practice services include surgical management of benign breast conditions, surgical management of malignant breast disease, reconstructive breast surgery (oncoplastic breast surgery), cosmetic breast surgery and thyroid surgery.

A/Prof James French



A/Prof James French is the head of breast surgery at the Westmead Breast Cancer Institute. He has a particular interest in the use of mammoplasty techniques in breast conserving surgery ensuring both good cancer and aesthetic outcomes. He also specialises in nipple sparing mastectomy combined with immediate direct to implant pre-pectoral reconstruction. James is an enthusiastic teacher of surgical trainees and fellows and has contributed to over 40 peer reviewed papers.

Dr Susannah Graham



Dr Susannah Graham is a specialist general surgeon with subspecialty training in breast and endocrine surgery with experience and expertise in the use of oncoplastic techniques for the treatment of breast cancer. Dr Graham was awarded her FRACS in 2015 completing the Masters of Advanced Surgery at Macquarie University in Breast and Endocrine Surgery during her training. Dr Graham undertook a fellowship at St George Hospital in Breast and Endocrine Surgery followed by an appointment as the BreastSurgANZ Post Fellowship Training Fellow at Westmead Breast Cancer Institute, where she spent eighteen months gaining extensive experience and training in breast surgical oncology and oncoplastic breast surgery. Dr Graham remains actively involved in research. She continues to present her at work and national and international meetings. Her research passion is engaging patients in clinical trials to improve health outcomes. In addition to her clinical practice, Dr Graham is committed to educating junior surgeons. She co-ordinates a Unit of Study for the University of Sydney Master of Surgery (Breast Surgery) and regularly teaches education sessions for junior medical officers and surgical registrars as well as coordinating exam preparation courses.

A/Prof Shelley Potter



Shelley Potter is an Associate Professor of Oncoplastic Breast Surgery and NIHR Clinician Scientist at Bristol Medical School and Consultant Oncoplastic Breast Surgeon at North Bristol NHS Trust. She attended Bristol Medical School and completed Basic Surgical Training in Bristol before completing a PhD exploring the feasibility of clinical trials in breast reconstruction. She completed her Higher Surgical Training as an Academic Clinical Lecturer in the Severn Deanery before being awarded a highly prestigious National Training Interface Group Oncoplastic Breast Surgery Fellowship in Liverpool. She returned to Bristol as a Clinician Scientist and Consultant Senior Lecturer in August 2017 and became an Associate Professor in January 2021. Her research focuses on improving outcomes for women undergoing oncoplastic and reconstructive breast surgery through the design and delivery of high-quality collaborative research. As a trainee and Chair of the Mammary Fold Academic and Research Collaborative (MFAC), she led several large-scale national collaborative breast surgery projects including iBRA, iBRA-2 and TeaM. These studies collectively recruited over 5,000 patients from over 80 centres across the UK and helped to establish an evidence base to support the practice of oncoplastic and reconstructive surgery. She is currently Chief Investigator for the Best-BRA, Brighter, ANTHEM and

Pre-BRA studies. Her national roles include Chair of the iBRA-NET group, Secretary to the Association of Breast Surgery Academic and Research Committee and she was recently appointed as Royal College of Surgeons of England Surgical Specialty Lead in Breast Surgery

Dr Elisabeth (Lisa) Rippy



Dr Lisa Rippy is a reconstructive breast surgeon trained in the UK. She specialized in breast oncology and reconstruction after general surgery training and also has a special interest in other breast disease such as granulomatous mastitis. She spent 4 years in the Royal Adelaide Hospital and a Breast and general Surgeon and then moved to North Sydney where she continued as a Breast surgeon. She is the lead surgeon as well as a consultant at Northern Breast Screen and the Sydney Breast Clinic. She operates at North Shore Private, Hunters Hill Private, The Mater and St Vincent's Private Hospitals.

She has lectured for ASUM and regularly is involved with Gp and breast cancer group education. She writes for the Medical Observer. She also teaches breast reconstruction to breast registrars for BreastSurgANZ on Level 1 and 2 Oncoplastics courses.

Professor Cicero Urban (Brazil)



Professor Cicero Urban is a Breast and Oncoplastic Surgeon. Coordinator of the Oncoplastic Division at the Center of Breast Diseases and Hospital Nossa Senhora das Gracas Breast Unit in Curitiba (Brazil). Reviewer for numerous journals and has authored or co-authored more than 150 peer-reviewed papers, more than 80 book chapters, and has organised 6 books, 2 of them in Oncoplastic Surgery and Breast Reconstruction, which were published in several languages. Former dean of Positivo University Medical School and former Mastology (Journal of Brazilian Society of Mastology)'s Editor-in-Chief.

A/Prof Sanjay Warriar



A/Prof Warriar is a Consultant Breast Surgeon at the Chris Obrien Lifehouse and designated chief surgeon for Sydney Local Health District BreastScreen. He is passionate about patient care, teaching and research. Sanjay undertook extensive post-fellowship training in breast surgery consolidating surgical techniques in both an oncological and reconstructive setting.

He is an Associate Professor of Sydney University and breast research lead with the Royal Prince Alfred Academic Institute. Sanjay is the co-founder of the Masters in Breast Surgery run through Sydney university. Sanjay has presented his research at multiple national and international conferences including San Antonio Breast Symposium and ASCO. He won the Patron's Prize at RPAH for the best scientific oral presentation on his work on Hedgehog signalling.

Sanjay is the immediate Past President of BreastSurgANZ, co-Chair of Post Fellowship Training, long-standing member of both the BreastSurgANZ Membership and Oncoplastic Committees and sits on advisory committees with the ministry of health NSW and the Cancer Institute. He also sits on Sydney Breast Cancer Foundation committee.

Sponsor Acknowledgement

