

## LEVEL 1 ONCOPLASTIC BREAST SURGERY (OPBS) WORKSHOP

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### Overview

**Date:** Monday 1 May 2023

**Time:** 8.00am – 3.30pm

**Location:** Pearl Room, Mayfair Hotel, Adelaide

**Convenor:** A/Prof Beverley Fosh, FRACS

### THE WORKSHOP

BreastSurgANZ educational workshops are outcome focused and centred around creating dynamic learning environments that help optimise patient care by improving the skill capabilities of breast surgeons.

The 2022 Oncoplastic Breast Surgery (OPBS) Workshop will return as a face-to-face meeting.

This workshop focuses on breast conservation therapy, level one oncoplastic procedures with an emphasis on techniques that can be used in routine practice together with an introduction to breast reconstruction.

### COURSE OBJECTIVES

The Level 1 Oncoplastic workshop is designed to:

- Create a solid foundation for ongoing education in breast cancer care.
- Create a relevant educational opportunity to further knowledge regarding oncoplastic surgical techniques.
- Stimulate networking and discussions about ways to optimise patient care.
- Provide better patient care by credentialing more surgeons to perform oncoplastic surgery

### LEARNING OUTCOMES

- Improved knowledge of the evolution and training of OPBS in Australia and New Zealand
- Developing a good understanding of common Level 1 oncoplastic techniques and appropriate use in carefully selected patients
- Improved decision-making and patient selection for oncoplastic techniques

## PROGRAM

TIME	TOPIC	SPEAKER
08:00 - 08:10	Welcome & Introduction Aims + Objectives	A/Prof Beverley Fosh Convenor
<b>SESSION 1: MASTECTOMY</b>		
08:10 – 08:30	Basis of good cosmesis: Anatomy, skins lines, measurements, and markings	Dr Daniel de Vianna
08:30 – 08.45	How to do a simple mastectomy well	Dr Susannah Graham
08.45 – 09.05	How to do a skin-sparing and nipple sparing mastectomy	Dr James French
09.05– 09.20	Sponsor presentation	
09.20 – 09.50	<b>MORNING TEA</b>	
<b>SESSION 2: PARTIAL MASTECTOMY</b>		
09.50 – 10.10	Basis techniques: De-epithelisation, dual plane, and periareolar approach	Dr Elizabeth Rippy
10.10 – 10.35	Round Block & Racquet-shape approach	Dr Fred Azimi
10.35 – 10.50	Batwing, Melon Slice & Grisotti Flap	A/Prof Cindy Mak
10.50 – 11.15	Quadrant by Quadrant Approach – A Summary	A/Prof Elisabeth Elder
11.15 – 12.50	Model Mark Up Session	ALL
12:50 – 13.40	<b>LUNCH</b>	
<b>SESSION 3: REDUCTION &amp; RECONSTRUCTION</b>		
13:40 – 14:10	Overview of Therapeutic Mammoplasty and Perforator Flaps	A/Prof Sanjay Warriar
14:10 – 14.35	Overview of Immediate Breast Reconstruction and Patient Selection	Dr Ian Ng
14.35 – 15.00	The ANTHEM Study Results: Comparing outcomes of Total Mastectomy and Mastectomy and immediate reconstruction	A/Prof Shelley Potter (UK)
15.00 – 15.25	Oncoplastic Breast Surgery	Dr Cicero Urban (Brazil)
15:25 – 15:30	<b>Q&amp;A and CLOSING REMARKS</b>	A/Prof Beverley Fosh