



# Level 2 Oncoplastic Breast Surgery Workshop

Monday 21 & Tuesday 22 October 2024  
Chris O'Brien Lifehouse, Sydney, Australia

## PROGRAM

[breastsurganz.org](http://breastsurganz.org)



# INTRODUCTION

As the peak body representing breast surgeons across Australia and New Zealand, BreastSurgANZ is committed to the education and training of current and future breast surgeons in order to optimise patient outcomes through the delivery of high-quality care.

The OPBS Level 2 workshop is a two-day cadaveric workshop focused on advanced oncoplastic breast surgical techniques which can facilitate optimal surgical treatment and management of breast cancer whilst also providing the best aesthetic outcomes. The workshop will include advanced volume displacement techniques, as well as reconstructive techniques post mastectomy.

Attendees will have an opportunity to gain important new skills, exchange knowledge and develop their professional network with both peers and sponsors.

**Dr Susannah Graham & Dr Fred Azimi**  
2024 OPBS Level 2 Workshop Convenors

## COURSE OBJECTIVES

The workshop is designed to :

- Create a dynamic atmosphere for ongoing education in breast cancer
- Provide an educational opportunity for breast surgeons delivered by senior, experienced breast surgeons who are committed to improving patient care through education and collaboration with colleagues.
- Stimulate networking and discussions about ways to optimise patient care within a breast cancer setting.
- Create an opportunity to improve patient care by credentialing more surgeons to perform advanced Oncoplastic surgery.
- Provide an advanced, interactive learning opportunity for breast surgeons who have completed the BreastSurgANZ Level 1 OPBS Workshop via a combination of video sessions, case discussions, demonstrations of marking-up on live and synthetic models in small group settings, together with hands-on cadaveric sessions under the guidance of expert faculty.

## LEARNING OUTCOMES

By the end of the workshop it is expected that participants will have acquired:

- significantly improved knowledge of Oncoplastic breast conservation techniques to achieve good cosmetic outcome without compromising on oncological safety.
- An advanced understanding of breast conservation surgical techniques including approaches to tumours in various challenging scenarios.
- An advanced understanding of therapeutic mammoplasty and breast reconstruction techniques including management of various complications.
- Improved decision-making particularly in regard to complex case presentations and patient selection.

## VENUES

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### EDUCATION CENTRE

Chris O'Brien Lifehouse

119 - 143 Missenden Road, Camperdown, NSW, 2050

### RPA INSTITUTE OF ACADEMIC SURGERY - Surgical & Robotic Training Institute

Building 26, Corner Salisbury Rd & Susan Streets, Camperdown, NSW, 2050

(a short walk from Chris O'Brien Lifehouse)

## DAY / TIMES

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MONDAY 21 OCTOBER 2022 (Day 1): 8.00am - 4.00pm

TUESDAY 22 OCTOBER 2022 (Day 2): 8.00am - 5.45pm

## DRESS

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Please wear comfortable, casual clothing & enclosed footwear

## NO PHOTOGRAPHY

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STRICTLY NO PHOTOGRAPHY is permitted in the cadaver sessions, and no photography during the workshop without prior approval.

## POST WORKSHOP DINNER

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A workshop dinner will be held on Monday 21 October, 7.00pm at Nour restaurant. Please confirm if you would like to attend the dinner at the time of registration.

# WORKSHOP PROGRAM

DAY ONE		
SESSION 1: Therapeutic Mammoplasty		
7:45 – 8:00am	REGISTRATION	
8:00 – 8:10am	Convenors Welcome and Introduction Aims & Objectives	Dr Susannah Graham Dr Fred Azimi
8:10 – 8:25am	Patient Selection and marking up: Wise Pattern	Dr Paul Chen
8:25 – 8:55am	Therapeutic Mammoplasty – how to fill the gap - Pedicle selection including extended and secondary pedicles	Prof Elisabeth Elder
8:55 – 9:05am	Therapeutic Mammoplasty (Mastopexy) in the small to medium breast : Vertical Mammoplasty	Dr Kylie Snook
9:05 – 9:15am	Therapeutic Mammoplasty in the large to very large breast	A/Prof Farid Meybodi
SESSION 2: Perforator Flaps		
9:15 - 10:15am	Perforator Flaps: Anatomy, types, patient & flap selection, how to get started, practical tips	Mr Peter Barry (UK) A/Prof Farid Meybodi
10:15 – 10:45am	MORNING TEA (includes transfer to small group session venue)	
SESSION 3: Therapeutic Mammoplasty (Mark up sessions)		
10:45 – 11:20am Session 1	1. Therapeutic Mammoplasty (Mark Up, Small Group) 2. Therapeutic Mammoplasty ( Mark Up, Small Group) 3. Perforator Flap ( Mark Up, Small Group) 4. Perforator Flap ( Mark Up, Small Group)	ALL FACULTY
11:20 – 11:55am Session 2	1. Therapeutic Mammoplasty (Mark Up, Small Group) 2. Vertical Mammoplasty ( Mark Up, Small Group) 3. Perforator Flap ( Mark Up, Small Group)	ALL FACULTY
11:55 – 12:30pm Session 3	1. Therapeutic Mammoplasty ( Mark Up, Small Group) 2. Vertical Mammoplasty ( Mark Up, Small Group) 3. Perforator Flap ( Mark Up, Small Group)	ALL FACULTY
12:30 – 12:40pm	SPONSOR PRESENTATION	
12:40 – 1:40pm	LUNCH	
1:40 – 1:50pm	SPONSOR PRESENTATION	
1:50 – 2:00pm	Transfer to the RPA Surgical & Robotic Training Institute (SRTI)	
SESSION 4 : Cadaveric Session		
2:00 – 4:00pm	Cadaveric Dissection Therapeutic Mammoplasty + Perforator flaps	ALL FACULTY
CLOSE		

DAY TWO		
SESSION 5 : Mastectomy and Implant Reconstruction		
8:00am	<b>Welcome &amp; Overview Day Two</b>	Dr Susannah Graham Dr Fred Azimi
8:00 – 8:20am	<b>Indications and patient selections</b> Cancer & patient factors (10 mins)  <b>Implant and tissue expander selection</b> How to measure to order (10 mins)	Dr Samriti Sood  A/Prof Cindy Mak
8:20 – 8:40am	<b>Skin and Nipple sparing mastectomy:</b> Infiltration & sharp dissection <b>Skin and Nipple sparing mastectomy:</b> Diathermy	Dr Peter Chin A/Prof Cindy Mak
8:40 – 10:10am	<b>Breast Reconstruction:</b> “Why I use what I use, do what I do and how I do it”	A/Prof Sanjay Warriar A/Prof Cindy Mak Dr Ian Ng Prof James French Dr Jocelyn Lippy Dr Joe Dusseldorp
10:10 – 10:25am	<b>Implant Based Reconstruction in large and ptotic breasts:</b> Lipodermal flap / skin reducing mastectomy	Dr Josie Todd
10:25 – 10:40am	<b>Implant Based Reconstruction in large and ptotic breasts</b> 2 stage mastopexy followed by NSM “Why I do what I do”	Prof Elisabeth Elder
<b>10:40 – 11:30 am</b>	<b>MORNING TEA + Sponsor Presentations</b>	
11:30 – 12:10pm	<b>Implant Choice, Mastectomy Planning and Selection</b> (Group 1 & 2 Mark Ups, Group 3 & 4 Case Discussions)	ALL FACULTY
12:10 – 1:00pm	<b>Implant Choice, Mastectomy Planning and Selection</b> (Group 3 & 4 Mark Ups, Group 1 & 2 Case Discussions)	ALL FACULTY
<b>1:00 – 2:00 pm</b>	<b>LUNCH</b>	
SESSION 6: Finishing Touches		
2:00 – 2:20pm	<b>Principles of Fat Grafting:</b> Autologous Fat Grafting : How I do it	A/Prof Cindy Mak A/Prof James French
2:20 – 2:35pm	<b>Nipple Reconstruction</b>	Dr Joe Dusseldorp
<b>2:35 – 3:00pm</b>	<b>AFTERNOON TEA</b>	

SESSION 7 : Cadaveric Session & Group Discussion		
3:00 – 4:30pm SRTL Lab	<b>Cadaveric Dissection</b> Nipple sparing mastectomy, implant reconstruction and fat grafting	ALL FACULTY
4:30 – 5:45pm	<b>Case discussions</b>	ALL FACULTY
<b>CLOSE</b>		

# FACULTY

The Level 2 Oncoplastic Breast Surgery Workshop is developed, refined and presented by experienced and senior breast surgeons who contribute to BreastSurgANZ's pursuit of breast practice cancer surgery and who are committed to an increased offering of oncoplastic surgery to Australian and New Zealand patients.

The workshop is supported by an excellent faculty from across Australia and New Zealand and we are thrilled to have Mr Peter Barry (UK) join us as our international guest faculty member in 2024.

## CONVENORS



### **Dr Susannah Graham, FRACS**

Dr Susannah Graham is a breast surgeon with specialisation in oncoplastic techniques for the treatment of breast cancer. Susannah holds visiting medical officer appointments at Chris O'Brien Lifehouse and RPA Hospital. She is a full member of BreastSurgANZ – the specialty society for surgeons treating breast cancer. She completed her BreastSurgANZ Post Fellowship Training Fellow at Westmead Breast Cancer Institute, where she spent eighteen months gaining extensive experience and training in breast surgical oncology and oncoplastic breast surgery. Susannah is the current education lead for breast surgery at the RPA Institute of Academic surgery and she coordinates a unit of study for the University of Sydney Masters of Breast Surgery. She is actively engaged in research, her current research interest is in prehabilitation for women receiving neoadjuvant chemotherapy for breast cancer and cancer in young women.



### **Dr Fred Azimi, FRACS**

Dr Fred Azimi is a breast surgeon and surgical oncologist. He practices at Chris O'Brien Lifehouse and Liverpool hospital. He is a senior lecturer at the University of NSW and supervisor of the research component of the Sydney University Master of Breast Surgery. He is co-lead of Breast Research at the Academic Institute of Surgery.

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## FACULTY



### **Mr Peter Barry, MBBS (Hons) MPhil FRACS**

Mr Peter Barry is a consultant oncoplastic breast surgeon at the Royal Marsden Hospital London, UK. Mr Barry qualified from University of Sydney, Australia, in 2000. He obtained a Fellowship in Surgical Oncology and undertook a clinical fellowship in sarcoma and melanoma as well as with the Breast Unit at The Royal Marsden from 2000–02. He had a surgical oncology practice in Australia, with an interest in breast oncoplastic techniques and reconstructive options following cancer surgery as well as preventative surgery for high-risk women. He also performs ultrasound of the breast in the clinic and operating theatre to localise breast lesions.



### **Dr Paul Chen, FRACS**

Dr Paul Chen is an experienced Breast and Endocrine Specialist with expertise in breast cancer, oncoplastic and reconstructive breast procedures. Dr Chen has dedicated years of training to oncoplastic and breast reconstruction to be able to provide his breast cancer patients with the latest surgical techniques. These surgical skills combined with access to world class cancer facilities and support services, Dr Chen aims to optimise not only his patients' health outcomes but their aesthetic outcomes, which he knows can significantly impact a women's overall wellbeing in the long-term. Dr Chen has a unique passion for breast health which resonates in his personalised approach to each patient under his care.



# FACULTY

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## **Dr Peter Chin, FRACS**

Dr Peter Chin is the lead breast surgeon at Tauranga Hospital, New Zealand. He graduated from the University of Melbourne, undertook his FRACS training in New Zealand and gained post-fellowship experience at the Edinburgh Breast Unit. Peter is on the Oncoplastic Committee of BreastSurgANZ, is President of the Australasian Society for Breast Disease and is an honorary lecturer with the University of Auckland. He is a passionate teacher in Oncoplastic surgery and contributed to the University of Sydney's Breast course. Peter performs a wide range of Oncoplastic procedures including Therapeutic Mammoplasty, Perforator flaps, fat grafting, Implant-based as well as autologous Lat Dorsi Flap reconstruction.



## **Dr Joe Dusseldorp, FRACS**

Dr Joe Dusseldorp is a reconstructive plastic surgeon. He completed his specialist training through the Royal Australasian College of Surgeons and graduated with honours from University of Sydney Medical School. Joe enjoys managing a wide range of plastic surgical conditions and believes strongly in collaborative engagement with patients and their families to deliver care that is personal, taking into consideration all aspects of care, not only physical. Joe's main interest area is breast reconstruction that is designed to restore a patient the normality of a full life. Joe also offers a range of innovative treatments for breast reconstruction (including the DIEP flap) and for many of these techniques, this is the first time they have been offered in Australia, representing a wonderful opportunity for patients to now seek treatment at home and not have to travel overseas to seek care. His commitment to providing his patients with options that are not just up-to-date, but are at the leading edge of surgical practice, is reinforced by strong collaborations with innovators in all of these fields, locally and internationally.



## **Prof Elisabeth Elder, FRACS**

Prof Elisabeth Elder is a specialist breast surgeon at the Westmead Breast Cancer Institute and Clinical Professor at the University of Sydney, Australia, with a special interest in oncoplastic and reconstructive surgery. She is involved in numerous research projects and clinical trials within the Westmead Breast Cancer Research Collaborative. She graduated from the Karolinska Institute in Sweden in 1992, where she also completed her general surgery training and a PhD in tumour biology in 2002. She is the immediate past president of the Australasian Society for Breast Disease and previous chair of the oncoplastic committee of Breast Surgeon in Australia and New Zealand and former council member of Breast Surgeons International and clinical lead to the Australian Breast Device Registry. She regularly participates in breast cancer education for medical professionals, students as well as patient groups and the broader community.



## **A/Prof James French, FRACS**

James is the head of Breast Surgery at the Westmead Breast Cancer Institute. He is a Clinical Associate Professor with a strong interest in various aspects of oncoplastic Breast Surgery, including Nipple-sparing mastectomy and immediate implant-based breast reconstruction, advanced reshaping of the breast post-breast-conserving surgery, mammoplasty techniques, chest wall perforator flaps, and immediate autologous fat grafting. Additionally, he chairs two MDT meetings, serves as a long-term board member at Lakeview Private Hospital, and is a councillor for BreastSurgANZ. James has contributed to 48 peer-reviewed articles and has been involved in several clinical trials.



## **Dr Jocelyn Lippey, FRACS**

Dr Jocelyn Lippey is a breast surgeon working at St. Vincent's Melbourne and BreastScreen. She is in the final year of her PhD addressing communication and education around risk stratified breast screening for consumers for which she is current RACS Gloria and Herbert Keys scholarship recipient as well as being a previous recipient of an NBCF practitioners grant. She is a CI on the BRAIx RCT assessing the use of artificial intelligence to improve breast cancer screening, is a member of BreastCancer Trials Scientific Advisory Committee as well as being on the board of BreastScreen Victoria. She is also a proud co-creator of the breast unit database at St. Vincent's which collects integrated patient-reported outcome measures for all cancer patients.



## **A/Prof Cindy Mak, FRACS**

A/Prof Cindy Mak is the Director of Breast Services, and Head of Breast Surgery at Chris O'Brien Lifehouse and Royal Prince Alfred Hospital in Sydney. She is a Clinical Associate Professor at the University of Sydney. She completed her surgical training in Sydney and her breast surgery fellowship at the Edinburgh Breast Unit. Cindy is the current chair of the Oncoplastic Committee of BreastSurgANZ.

# FACULTY

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## **A/Prof Farid Meybodi, FRACS**

Farid Meybodi is a specialist Breast and Endocrine Surgeon. He is part of a renowned dynamic team at the forefront of Oncoplastic Breast Surgery, using the most current, up-to-date techniques to provide the best possible cancer-free patient outcomes and cosmetic results. After being awarded FRACS in 2013 Farid spent three years as a Breast and Endocrine Fellow in Nepean, St George, and Westmead Hospitals. During his final year of training, he focused more on oncoplastic breast surgery and personalised care for breast cancer patients – which has now become his main area of subspecialty and expertise. As an Associate Professor at the University of Sydney, Farid is passionate about teaching and research. His special area of interest is oncoplastic breast surgery, particularly breast reconstruction.



## **Dr Ian Ng, FRACS**

Dr Ng completed his MBBS at the University of Sydney in 2011 and went on to undertake his Surgical Training in various Sydney Hospitals, including Westmead Hospital in New South Wales. In 2019 Dr Ng obtained his Fellowship to the Royal Australasian College of Surgeons and completed his subspecialty Post Fellowship training with the Breast Surgeons of Australia and New Zealand (BreastSurgANZ) Society at Concord Hospital and Westmead Breast Cancer Institute. As a Consultant Breast and General Surgeon, Dr Ng has obtained full membership to the Breast Surgeons of Australia and New Zealand (BreastSurgANZ) Society and serves as a member of the Oncoplastic Committee. Dr Ng has a public appointment as a Consultant Breast and General Surgeon at Toowoomba Hospital with a special interest in Breast Cancer Surgery and various oncoplastic reconstruction techniques to obtain a good cosmetic outcome. Dr Ng has been actively involved in research in this area and has recently published and presented on the above topics.



## **Dr Kylie Snook, FRACS**

Dr Kylie Snook is a specialist breast surgeon from the Lower North Shore of Sydney. She has a high-volume breast surgery practice offering a wide range of oncoplastic techniques in breast surgery and reconstruction. After gaining her Fellowship in General Surgery in 2006 with the Royal Australasian College of Surgeons (FRACS) she spent two years in Guildford, UK gaining post fellowship expertise in reconstructive and oncoplastic techniques in breast surgery. Dr Snook is a BreastSurgANZ Council member and is a member of Post-Fellowship training committee. She is involved in teaching at all levels and has made numerous contributions of teaching resources for the Graduate Certificate in Breast Surgery offered through the University of Sydney. She is a member of Breast Cancer Trials and embeds research into her surgical practice by actively recruiting patients for local and international trials. Dr Snook is the Head of Department of Breast & Endocrine Surgery at the Mater Hospital Sydney and has held numerous medical advisory roles for BCNA, McGrath Foundation, Cancer Australia, Pink Hope and the Sydney Breast Cancer Foundation.



## **Dr Samriti Sood, FRACS**

Dr Sam Sood is a Specialist Breast surgeon in Sydney working at Royal North Shore hospital, Hornsby hospital, Mater hospital and Northern Beaches hospital. She has an interest in breast reconstruction and oncoplastic breast surgery currently teaching the postgraduate Oncoplastic level II graduate certificate course at the University of Sydney. Samriti graduated with honours in medicine from The University of New South Wales. She is a Fellow of the Royal Australasian College of Surgeons, a member of General Surgeons Australia and the BreastSurgANZ Society. She is a Senior Clinical Lecturer at the University of Sydney who is actively involved in various research projects and breast cancer clinical trials.



## **Dr Josie Todd, FRACS**

Dr Josie Todd is UK trained Oncoplastic Breast Surgeon who is based in Christchurch, New Zealand. She has introduced Therapeutic Reduction mammoplasty, perforator flap volume replacement, modified Letterman and McKissock mastectomy. She also undertakes immediate and delayed implant/ autologous reconstruction for patients with cancer, as well as breast reduction, reconstructive surgery for congenital asymmetry, lipo-modelling, gynaecomastia and revision surgery for implant related complications. She is involved in teaching and training and has been one of the original faculty members of the Oncoplastic Breast Surgery workshop organized by BreastSurgANZ.



## **A/Prof Sanjay Warriar, FRACS**

A/Prof Warriar is a Consultant Breast Surgeon at the Chris O'Brien Lifehouse and designated chief surgeon for Sydney Local Health District BreastScreen. He is passionate about patient care, teaching and research. Sanjay undertook extensive post-fellowship training in breast surgery consolidating surgical techniques in both an oncological and reconstructive setting. He is an Associate Professor of Sydney University and breast research lead with the Royal Prince Alfred Academic Institute. Sanjay is the co-founder of the Masters in Breast Surgery run through Sydney university. Sanjay has presented his research at multiple national and international conferences including San Antonio Breast Symposium and ASCO. He won the Patron's Prize at RPAH for the best scientific oral presentation on his work on Hedgehog signalling.



## SUPPORT FACULTY

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Dr Kuan-Chi Wang, FRACS



Dr Jeremy Hsu, FRACS

## SPONSOR ACKNOWLEDGEMENT

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Special thanks are extended to our workshop sponsors.

