



**BREAST
SURGEONS**
of Australia & New Zealand

**2024 LEVEL 1
ONCOPLASTIC
BREAST SURGERY
WORKSHOP**

**Monday 6 May
Rydges Latimer
Christchurch, New Zealand**

PROGRAM

breastsurganz.org

INTRODUCTION

As the peak body representing breast surgeons across Australia and New Zealand, BreastSurgANZ is committed to the education and training of current and future breast surgeons in order to optimise patient outcomes through the delivery of high-quality care.

The BreastSurgANZ oncoplastic workshops are outcome focused and centred around creating a dynamic learning environment that will help optimise patient care by improving the skill set of breast surgeons.

The Level 1 Oncoplastic Breast Surgery workshop focuses on basic oncoplastic principles and how they can be applied to breast cancer surgery. This includes various topics centred around breast conserving surgery and reconstructive options after a mastectomy for breast cancer.

Convenors: Dr Josie Todd, FRACS & Dr Michael Swinden, FRACS

COURSE OBJECTIVES

The Level 1 Oncoplastic workshop is designed to:

- Provide an introduction to oncoplastic principles in breast cancer surgery
- Provide a foundation of knowledge and principles to allow surgeons to further develop their technical skills.
- Stimulate networking and discussions about ways to optimise patient care
- Provide an environment that encourages and facilitates ongoing education and learning.

LEARNING OUTCOMES

- Gain a good understanding of basic oncoplastic principles in breast cancer surgery.
- Develop a good understanding of common Level 1 oncoplastic techniques including various volume displacement and replacement techniques.
- Develop improved decision-making skills for patient selection and oncoplastic techniques.
- Provide a good foundation and introduction for more advanced techniques that will be covered in the Level 2 Oncoplastic workshop

VENUE

CLARENDON ROOM

Rydges Latimer, 30 Latimer Square, Christchurch Central City, Christchurch 8011, New Zealand

DAY / TIME

MONDAY 6 MAY 2024: 8.00am - 4.00pm

DRESS

Please wear comfortable, casual clothing

NO PHOTOGRAPHY

No photography during the workshop without prior approval.

POST WORKSHOP DINNER

A post-workshop dinner for attendees, faculty and sponsors will be held on Monday 6 May following the workshop at 5th Street at 7.30pm.

Address: 5 Elgin Street, Sydenham, Christchurch 8023

| PROGRAM | | |
|--|---|-------------------------------------|
| 7.45 – 8.00am | REGISTRATION | |
| 8.00 – 8.10am | Welcome and Introduction Aims & Objectives | Dr Josie Todd Dr Michael Swinden |
| SESSION 1: MASTECTOMY | | |
| 8.10 – 8.30am | Basis of good cosmesis: Anatomy, skin lines, measurements, and markings | Dr Peter Chin |
| 8.30 – 8.45am | How to do a simple mastectomy well | Dr Paul Samson |
| 8.45 – 9.05am | How to do a skin-sparing / nipple sparing mastectomy | Dr Ben Green |
| 9.05 – 9.10am | Sponsor Presentation | Mentor J&J |
| 9.10 – 9.50am | MORNING TEA | |
| SESSION 2: PARTIAL MASTECTOMY | | |
| 9.50 – 10.10am | Thinking like an oncoplastic surgeon: scar placement for breast cancer surgery (Part 1) | Dr Josie Todd |
| 10.10 – 10.35am | Round block and Racquet approach | Dr Fred Azimi |
| 10.35 – 10.50am | Batwing, Melon-slice and Grissoti Flap | A/Prof Cindy Mak |
| 10.50 – 11.10am | Quadrant by Quadrant approach: A Summary | Prof Elisabeth Elder |
| 11.15am – 12.50pm | Model mark-up sessions | All faculty |
| 12.50 – 1.00pm | Sponsor Presentation | LifeHealthcare |
| 1.00 – 2.00pm | LUNCH | |
| SESSION 3: REDUCTION AND RECONSTRUCTION | | |
| 2.00 – 2.20pm | Overview of Therapeutic Mammoplasty and Perforator Flaps | A/Prof Sanjay Warriar |
| 2.20 – 2.45pm | Overview of immediate breast reconstruction and patient selection | Dr Wen-Chan Yeow |
| 2.45 – 3.05pm | Thinking like an oncoplastic surgeon: breast conservation surgery versus mastectomy (Part 2) | Dr Josie Todd |
| 3.05 – 3.35pm | Guide to Good Practice | Dr Ashu Gandhi |
| 3.35 – 4.00pm | Q & A and closing remarks | Dr Michael Swinden |
| 4.00pm | CLOSE | |

PRESENTERS & FACULTY

The Level 1 Oncoplastic Breast Surgery Workshop is developed, refined and presented by experienced and senior breast surgeons, who contribute to BreastSurgANZ pursuit of best practice in breast cancer surgery and who are committed to an increased offering of oncoplastic surgery to Australian and New Zealand patients.



Dr Josie Todd, FRACS
Convenor

Dr Josie Todd is UK trained Oncoplastic Breast Surgeon who is based in Christchurch, New Zealand. She has introduced Therapeutic Reduction mammoplasty, perforator flap volume replacement, modified Letterman and McKissock mastectomy. She also undertakes immediate and delayed implant/ autologous reconstruction for patients with cancer, as well as breast reduction, reconstructive surgery for congenital asymmetry, lipo-modelling, gynaecomastia and revision surgery for implant related complications. She is involved in teaching and training and has been one of the original faculty members of the Oncoplastic Breast Surgery workshop organized by BreastSurgANZ.



Dr Michael Swinden, FRACS
Co-Convenor

Dr. Michael Swinden is an Australian trained Breast and General Surgeon. He relocated from Melbourne to Christchurch, New Zealand after first working there in 2021 as part of the BreastSurgANZ PFT program. His interests are in oncoplastic breast conserving surgery as well as immediate and delayed implant-based breast reconstruction. Michael is actively involved in teaching and currently holds the position of Senior Clinical Lecturer at the University of Otago.



Dr Ashu Gandhi, FRACS

Mr Ashu Gandhi is Consultant Breast & Endocrine Surgeon at Manchester University Hospitals NHS Trust in the UK. In addition to running a busy breast oncology practice he is the lead surgeon in the Manchester Breast Family History service, one of the largest such clinics in Europe.

His research portfolio is conducted as part of the Manchester Breast Centre and the Manchester Academic Health Sciences Centre both part of the University of Manchester. His basic science collaborations with clinician scientists and laboratory scientists include work relating to the molecular examination of cell density and to oestrogen resistance. More recently he has focussed his clinical research locally and nationally on examining multiple aspects of the care of women at high life time risk of breast cancer.

In addition to his clinical and research work Mr Gandhi has been involved in, or led, amongst others, the UK NHS Breast Screening Audit, NHS England Guidance for the Commissioning of Oncoplastic Surgery, Care Quality Commission surgical standards for NHS England. He has been Chair, Clinical & Professional Standards Committee for the Association of Breast Surgery, UK. Over the years Mr Gandhi has contributed to, or chaired, groups producing national guidance for the management of pregnancy associated breast cancer, management of B3 breast lesions, best practice oncoplastic breast surgery, and mesh assisted breast reconstruction. Currently he is chairing the group rewriting the UK guidance on optimum margins for the excision of DCIS.



Dr Ben Green, FRACS

Ben Green is a Breast and Endocrine Surgeon in Brisbane. He has a practice focusing in oncoplastic breast surgery at St Andrews War memorial Hospital and The Wesley Hospitals.

He is a current councillor of BreastSurgANZ and is the current co-chair of the Post Fellowship training program in breast surgery and has a keen interest in teaching where he is a unit co-ordinator for university of Sydney Oncoplastic graduate Certificate course. Ben has also commenced as an Examiner in General Surgery.

PRESENTERS & FACULTY



A/Prof Cindy Mak, FRACS

A/Prof Cindy Mak is the Director of Breast Services, and Head of Breast Surgery at Chris O'Brien Lifehouse and Royal Prince Alfred Hospital in Sydney. She is a Clinical Associate Professor at the University of Sydney. She completed her surgical training in Sydney and her breast surgery fellowship at the Edinburgh Breast Unit. Cindy is the current chair of the Oncoplastic Committee of BreastSurgANZ.



Prof Elisabeth Elder, MBBS, PhD, FRACS

Prof Elisabeth Elder is a specialist breast surgeon at the Westmead Breast Cancer Institute and Clinical Professor at the University of Sydney, Australia, with a special interest in oncoplastic and reconstructive surgery. She is involved in numerous research projects and clinical trials within the Westmead Breast Cancer Research Collaborative. She graduated from the Karolinska Institute in Sweden in 1992, where she also completed her general surgery training and a PhD in tumour biology in 2002. She is the immediate past president of the Australasian Society for Breast Disease and previous chair of the oncoplastic committee of Breast Surgeon in Australia and New Zealand and former council member of Breast Surgeons International and clinical lead to the Australian Breast Device Registry. She regularly participates in breast cancer education for medical professionals, students as well as patient groups and the broader community.



Dr Fred Azimi, FRACS

Dr Fred Azimi is a Breast surgeon and surgical oncologist. He practices at Chris O'Brien Lifehouse and Liverpool hospital. He is a senior lecturer at the University of NSW and supervisor of the research component of the Sydney university masters of breast surgery. He is co-lead of Breast Research at the Academic institute of Surgery.



Dr Paul Samson, FRACS

Dr Paul Samson is a Consultant General, Breast & Endoscopic Surgeon since 2010, working in Public and Private Practice in Invercargill/Queenstown, New Zealand. Paul is a Fellow of the Royal Australasian College of Surgeons and a Member of the New Zealand Association of General Surgeons. He is a Member of the Breast Section Australasian College of Surgeons, the Australasian Society for Breast Disease, and the Breast Surgeons of Australia & New Zealand. Paul is Senior Lecturer in Clinical Surgery for the University of Otago and has multiple published works in both the Surgical and Medical literature. Paul is supervisor of General Surgical Training at Southland Hospital and member of the National General Surgical Training Committee. Paul is an invited member of the Breast Quality Audit Committee for Breast Surgeons of Australia and New Zealand, Medical Advisory Committee to New Zealand Breast Cancer Foundation, South Island Breast Cancer Registry Governance Committee, and Surgeon Representative on the Southern Cross Hospital Clinical Governance Committees Invercargill + Central Lakes (Queenstown).



Dr Peter Chin, FRACS

Dr Peter Chin is the lead breast surgeon at Tauranga Hospital, New Zealand. He graduated from the University of Melbourne, undertook his FRACS training in New Zealand and gained post-fellowship experience at the Edinburgh Breast Unit. Peter is on the Oncoplastic Committee of BreastSurgANZ, is President of the Australasian Society for Breast Disease and is an honorary lecturer with the University of Auckland. He is a passionate teacher in Oncoplastic surgery and contributed to the University of Sydney's Breast course. Peter performs a wide range of Oncoplastic procedures including Therapeutic Mammoplasty, Perforator flaps, fat grafting, Implant-based as well as autologous Lat Dorsi Flap reconstruction.

PRESENTERS & FACULTY



A/Prof Sanjay Warriar, FRACS

A/Prof Warriar is a Consultant Breast Surgeon at the Chris Obrien Lifehouse and designated chief surgeon for Sydney Local Health District BreastScreen. He is passionate about patient care, teaching and research. Sanjay undertook extensive post-fellowship training in breast surgery consolidating surgical techniques in both an oncological and reconstructive setting. He is an Associate Professor of Sydney University and breast research lead with the Royal Prince Alfred Academic Institute. Sanjay is the co-founder of the Masters in Breast Surgery run through Sydney university. Sanjay has presented his research at multiple national and international conferences including San Antonio Breast Symposium and ASCO. He won the Patron's Prize at RPAH for the best scientific oral presentation on his work on Hedgehog signalling.



Dr Wen Chan Yeow, FRACS

Dr Wen Chan Yeow is a University of Western Australia graduate who completed two years of post-fellowship training in breast and oncoplastic surgery including a year at The Royal Marsden NHS Foundation Trust London. She commenced practice as a breast and oncoplastic surgeon in Perth in 2012. Wen is interested in surgical techniques to reduce the potential gross deformity following breast conservation surgery; breast reconstruction following mastectomy and symmetrising the contralateral breast either with reduction or augmentation. Wen is a Clinical Senior Lecturer at the University of Western Australia and has a public appointment at Fremantle and Fiona Stanley Hospitals. She is currently a member of the BreastSurgANZ Oncoplastic Committee.

WORKSHOP SPONSORS

