



**BREAST  
SURGEONS**  
of Australia & New Zealand

**2025 LEVEL 1  
ONCOPLASTIC  
BREAST SURGERY  
WORKSHOP**

**Friday 2 May  
Chris O'Brien Lifehouse  
Sydney, NSW**

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**PROGRAM**

**[breastsurganz.org](https://breastsurganz.org)**

## INTRODUCTION

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As the peak body representing breast surgeons across Australia and New Zealand, BreastSurgANZ is committed to the education and training of current and future breast surgeons in order to optimise patient outcomes through the delivery of high-quality care.

The BreastSurgANZ oncoplastic workshops are outcome focused and centred around creating a dynamic learning environment that will help optimise patient care by improving the skill set of breast surgeons.

The Level 1 Oncoplastic Breast Surgery workshop focuses on basic oncoplastic principles and how they can be applied to breast cancer surgery. This includes various topics centred around breast conserving surgery and reconstructive options after a mastectomy for breast cancer.

Convenors: Dr. Fred Azimi, FRACS and A/Prof Beverly Fosh FRACS

## COURSE OBJECTIVES

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The Level 1 Oncoplastic workshop is designed to:

- Provide an introduction to oncoplastic principles in breast cancer surgery
- Provide a foundation of knowledge and principles to allow surgeons to further develop their technical skills.
- Stimulate networking and discussions about ways to optimise patient care
- Provide an environment that encourages and facilitates ongoing education and learning.

## LEARNING OUTCOMES

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- Gain a good understanding of basic oncoplastic principles in breast cancer surgery.
- Develop a good understanding of common Level 1 oncoplastic techniques including various volume displacement and replacement techniques.
- Develop improved decision-making skills for patient selection and oncoplastic techniques.
- Provide a good foundation and introduction for more advanced techniques that will be covered in the Level 2 Oncoplastic workshop

## VENUE

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### EDUCATION CENTRE

Chris O'Brien Lifehouse, Camperdown, Sydney  
119 – 143 Missenden Road, Camperdown

## DAY / TIME

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FRIDAY 2 MAY 2025: 8.00am - 4.00pm

## DRESS

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Please wear comfortable, casual clothing

## NO PHOTOGRAPHY

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No photography during the workshop without prior approval.

## POST WORKSHOP DINNER

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A post-workshop dinner for attendees, faculty and sponsors will be held on Monday 6 May following the workshop at Island Radio at **7.00pm**.

Address: CNR BAPTIST & CLEVELAND STREETS, REDFERN

PROGRAM		
7.45 – 8.00am	<b>REGISTRATION</b>	
8.00 – 8.10am (10 mins)	<b>Welcome and Introduction</b> Aims & Objectives	A/Prof Bev Fosh Dr Fred Azimi
SESSION 1: MASTECTOMY		
8.10 – 8.30am (20 mins)	<b>Basis of good cosmesis:</b> Anatomy, skin lines, measurements, and markings	Dr Peter Chin
8.30 – 8.45am (15 mins)	<b>How to do a simple mastectomy well</b>	Dr Susannah Graham
8.45 – 9.05am (20 mins)	<b>How to do a skin-sparing / nipple sparing mastectomy</b>	A/Prof James French
9.05 – 9.15am (10 mins)	Sponsor Presentation	
9.15 – 10.00 am	<b>MORNING TEA</b>	
SESSION 2: PARTIAL MASTECTOMY		
10.00 – 10.20am (20 mins)	<b>Basis techniques: De-epithelisation, dual plane, and periareolar approach</b>	Dr Elisabeth Rippy
10.20 – 10.35am (15 mins)	<b>Peri-areolar, Round Block &amp; Racquet-shape approach</b>	Dr Fred Azimi
10.35 – 10.50am (15 mins)	<b>Batwing, Melon-slice and Grissoti Flap</b>	A/Prof Cindy Mak
10.50 – 11.10am (20 mins)	<b>Quadrant by Quadrant approach: A Summary</b>	Prof Elisabeth Elder
11.15am – 12.50pm (1hr 35 mins)	<b>Model mark-up sessions</b>	All faculty
12.50 – 1.00pm (10 mins)	Sponsor Presentation	
1.00 – 2.15pm	<b>LUNCH</b>	
SESSION 3: REDUCTION AND RECONSTRUCTION		
2.15 – 2.35pm (20 mins)	<b>Overview of Therapeutic Mammoplasty and Perforator Flaps</b>	A/Prof Sanjay Warriar
2.35 – 3.00pm (25 mins)	<b>Overview of breast reconstruction and patient selection</b>	Dr Wen-Chan Yeow
3.00 – 3.30pm (30 mins)	<b>Living on a Prayer: Cases from the frontline and lessons learned</b>	Dr Peter Chin
3.30 – 3.40pm (10 mins)	<b>Q &amp; A and closing remarks</b>	A/Prof Bev Fosh Dr Fred Azimi
3.40pm	<b>CLOSE</b>	

## PRESENTERS & FACULTY

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The Level 1 Oncoplastic Breast Surgery Workshop is developed, refined and presented by experienced and senior breast surgeons, who contribute to BreastSurgANZ pursuit of best practice in breast cancer surgery and who are committed to an increased offering of oncoplastic surgery to Australian and New Zealand patients.

## CONVENORS



### **A/Prof Beverley Fosh, FRACS** Convenor

A/Prof Fosh is a Staff Specialist Surgeon at Modbury Hospital and in private practice with over 10 years of international experience in Breast and Surgical Oncology. She has a strong focus on clinical research, with over 20 peer-reviewed publications, a book chapter, and multiple grants. A/Prof Fosh holds academic positions as Associate Professor at the University of Adelaide and University of South Australia, and Senior Clinical Lecturer at Flinders University. She is also a Principal Investigator for various oncology studies and has supervised a PhD at Flinders University. As Chair of the South Australian Breast Cancer Study Group since 2017, she organizes educational events and biennial scientific forums. A/Prof Fosh has served on the BreastSurg ANZ council since 2018 and was the Level 1 Oncoplastic Course convenor in May 2023. She is also a member of the Cancer Australia Council and serves as a sub-editor for the ANZ Journal of Surgery and Nature, as well as an expert reviewer for EMedicini.



### **Dr Fred Azimi, FRACS** Co-Convenor

Dr Fred Azimi is a breast surgeon and surgical oncologist. He practices at Chris O'Brien Lifehouse and Liverpool hospital. He is a senior lecturer at the University of NSW and supervisor of the research component of the Sydney University Master of breast surgery. He is co-lead of Breast Research at the Academic Institute of Surgery.

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## PRESENTERS & FACULTY

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### **Dr Peter Chin, FRACS**

Dr Peter Chin is a consultant breast surgeon at Tauranga Hospital, New Zealand. He graduated from the University of Melbourne, undertook his FRACS training in New Zealand and gained post-fellowship experience at the Edinburgh Breast Unit. Peter is the current President of the Australasian Society for Breast Disease and is on the Oncoplastic Committee of BreastSurgANZ. He is a passionate teacher in Oncoplastic surgery and contributed to the University of Sydney's Breast course. In addition to his involvement in the BreastSurgANZ Oncoplastic workshops, he also runs the biennial Tauranga Oncoplastic Breast Course. Peter performs a wide range of Oncoplastic procedures including Therapeutic Mammoplasty, Perforator flaps, fat grafting, Implant-based as well as autologous Lat Dorsi Flap reconstruction.

## PRESENTERS & FACULTY

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### **A/Prof Cindy Mak, FRACS**

A/Prof Cindy Mak is the Director of Breast Services, and Head of Breast Surgery at Chris O'Brien Lifehouse and Royal Prince Alfred Hospital in Sydney. She is a Clinical Associate Professor at the University of Sydney. She completed her surgical training in Sydney and her breast surgery fellowship at the Edinburgh Breast Unit. Cindy is the current chair of the Oncoplastic Committee of BreastSurgANZ.



### **Prof Elisabeth Elder, MBBS, PhD, FRACS**

Prof Elisabeth Elder is a specialist breast surgeon at the Westmead Breast Cancer Institute and Clinical Professor at the University of Sydney, Australia, with a special interest in oncoplastic and reconstructive surgery. She is involved in numerous research projects and clinical trials within the Westmead Breast Cancer Research Collaborative. She graduated from the Karolinska Institute in Sweden in 1992, where she also completed her general surgery training and a PhD in tumour biology in 2002. She is the immediate past president of the Australasian Society for Breast Disease and previous chair of the oncoplastic committee of Breast Surgeon in Australia and New Zealand and former council member of Breast Surgeons International and clinical lead to the Australian Breast Device Registry. She regularly participates in breast cancer education for medical professionals, students as well as patient groups and the broader community.



### **A/Prof James French, FRACS**

James is the head of Breast Surgery at the Westmead Breast Cancer Institute. He is a Clinical Associate Professor with a strong interest in various aspects of oncoplastic Breast Surgery, including Nipple-sparing mastectomy and immediate implant-based breast reconstruction, advanced reshaping of the breast post-breast-conserving surgery, mammoplasty techniques, chest wall perforator flaps, and immediate autologous fat grafting. Additionally, he chairs two MDT meetings, serves as a long-term board member at Lakeview Private Hospital, and is a councillor for BreastSurgANZ. James has contributed to 48 peer-reviewed articles and has been involved in several clinical trials.



### **Dr Susannah Graham, FRACS**

Dr Susannah Graham is a breast surgeon with specialisation in oncoplastic techniques for the treatment of breast cancer. Susannah holds visiting medical officer appointments at Chris O'Brien Lifehouse and RPA Hospital. She is a full member of BreastSurgANZ - the specialty society for surgeons treating breast cancer. She completed her BreastSurgANZ Post Fellowship Training Fellow at Westmead Breast Cancer Institute, where she spent eighteen months gaining extensive experience and training in breast surgical oncology and oncoplastic breast surgery. Susannah is the current education lead for breast surgery at the RPA Institute of Academic surgery and she coordinates a unit of study for the University of Sydney Masters of Breast Surgery. She is actively engaged in research, her current research interest is in prehabilitation for women receiving neoadjuvant chemotherapy for breast cancer and cancer in young women.



### **Dr Elisabeth Rippy, FRACS**

Dr Elisabeth Rippy is a Consultant Breast Surgeon in North Sydney at the Mater and North Shore Private Hospitals as well as St Vincent's Private Hospital. She was trained in the UK where after completing a BSc from Kings College, London in Biochemistry and Physiology went on to study medicine at Charing Cross and Westminster Medical School in London. She has a Masters in Surgical Science Specialising in Molecular Biology and holds fellowships with both the Royal Colleges of Surgeons in Edinburgh and Australasia. She specialised in breastwork and trained in King's College Hospital London and Guildford before doing a fellowship in Oncoplastic Surgery (Breast Reconstruction) in Nottingham. She was a consultant in the Royal Adelaide Hospital in Adelaide for four years where she also taught surgery for the university of Adelaide as a clinical senior lecturer before moving to Sydney.

## PRESENTERS & FACULTY

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### **A/Prof Sanjay Warriar, FRACS**

A/Prof Warriar is a Consultant Breast Surgeon at the Chris Obrien Lifehouse and designated chief surgeon for Sydney Local Health District BreastScreen. He is passionate about patient care, teaching and research. Sanjay undertook extensive post-fellowship training in breast surgery consolidating surgical techniques in both an oncological and reconstructive setting. He is an Associate Professor of Sydney University and breast research lead with the Royal Prince Alfred Academic Institute. Sanjay is the co-founder of the Masters in Breast Surgery run through Sydney university. Sanjay has presented his research at multiple national and international conferences including San Antonio Breast Symposium and ASCO. He won the Patron's Prize at RPAH for the best scientific oral presentation on his work on Hedgehog signalling.



### **Dr Wen Chan Yeow, FRACS**

Dr Wen Chan Yeow is a University of Western Australia graduate who completed two years of post-fellowship training in breast and oncoplastic surgery including a year at The Royal Marsden NHS Foundation Trust London. She commenced practice as a breast and oncoplastic surgeon in Perth in 2012. Wen is interested in surgical techniques to reduce the potential gross deformity following breast conservation surgery; breast reconstruction following mastectomy and symmetrising the contralateral breast either with reduction or augmentation. Wen is a Clinical Senior Lecturer at the University of Western Australia and has a public appointment at Fremantle and Fiona Stanley Hospitals. She is currently a member of the BreastSurgANZ Oncoplastic Committee.

## SPONSORS

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