

# Level 2 Oncoplastic Breast Surgery Workshop

Tuesday 7 & Wednesday 8 October 2025 Brisbane Radiology, Brisbane, Australia

## **PROGRAM**

breastsurganz.org



## INTRODUCTION

As the peak body representing breast surgeons across Australia and New Zealand, BreastSurgANZ is committed to the education and training of current and future breast surgeons in order to optimise patient outcomes through the delivery of high-quality care.

The OPBS Level 2 workshop is a two-day cadaveric workshop focused on advanced oncoplastic breast surgical techniques which can facilitate optimal surgical treatment and management of breast cancer whilst also providing the best aesthetic outcomes. The workshop will include advanced volume displacement techniques, as well as reconstructive techniques post mastectomy.

Attendees will have an opportunity to gain important new skills, exchange knowledge and develop their professional network with both peers and sponsors.

#### Dr Susannah Graham & Dr Beth Campbell

2025 OPBS Level 2 Workshop Convenors

## COURSE OBJECTIVES

The workshop is designed to:

- Create a dynamic atmosphere for ongoing eduction in breast cancer
- Provide an educational opportunity for breast surgeons delivered by senior, experienced breast surgeons who are committed to improving patient care through education and collaboration with colleagues.
- Stimulate networking and discussions about ways to optimise patient care within a breast cancer setting.
- Create an opportunity to improve patient care by credentialing more surgeons to perform advanced Oncoplastic surgery.
- Provide an advanced, interactive learning opportunity for breast surgeons who have completed the BreastSurgANZ Level 1 OPBS Workshop via a combination of video sessions, case discussions, demonstrations of marking-up on live and synthetic models in small group settings, together with hands-on cadaveric sessions under the guidance of expert faculty.

## LEARNING OUTCOMES

By the end of the workshop it is expected that participants will have acquired:

- significantly improved knowledge of Oncoplastic breast conservation techniques to achieve good cosmetic outcome without compromising on oncological safety.
- An advanced understanding of breast conservation surgical techniques including approaches to tumours in various challenging scenarios.
- An advanced understanding of therapeutic mammaplasty and beast reconstruction techniques including management of various complications.
- Improved decision-making particularly in regard to complex case presentations and patient selection.

## **VENUES**

## **BRISBANE RADIOLOGY**

95 Robertson St, Fortitude Valley, Brisbane, QLD 4006

## **UNIVERSITY OF QUEENSLAND - GROSS ANATOMY FACILITY**

University of Queensland Gross Anatomy Facility, School of Biomedical Sciences, The University of Queensland, Brisbane, 4072

## **DAY / TIMES**

TUESDAY 7 OCTOBER 2025 (Day 1): 7:45am - 4.30pm

WEDNESDAY 8 OCTOBER 2025 (Day 2): 8.00am - 5.00pm

## **DRESS**

Please wear comfortable, casual clothing & enclosed footwear.

## NO PHOTOGRAPHY

STRICTLY NO PHOTOGRAPHY is permitted in the cadaver sessions, and no photography during the workshop without prior approval.

## POST WORKSHOP DINNER

A workshop dinner will be held on Tuesday 7 October, 7.00pm at <u>Italia Lane</u> restaurant Please confirm if you would like to attend the dinner at the time of registration.



## 2025 L2 OPBS WORKSHOP PROGRAM

DAY ONE SESSION 1: Therapeutic Mammaplasty			
8:00 – 8:10am	Convenors Welcome and Introduction Aims & Objectives	Dr Susannah Graham Dr Beth Campbell	
8:10 – 8:25am	Patient Selection and marking up: Wise Pattern	Dr Peter Chin	
8:25 – 8:55am	Therapeutic Mammaplasty – how to fill the gap - Pedicle selection including extended and secondary pedicles	Dr Ashutosh Kothari	
8:55 – 9:05am	Therapeutic Mammaplasty (Mastopexy) in the small to medium breast : Vertical Mammaplasty	Dr Ben Green	
9:05 – 9:15am	Therapeutic Mammaplasty in the large to very large breast	A/Prof Farid Meybodi	
SESSION 2: Perforator Flaps			
9:15 - 10:15am	<b>Perforator Flaps:</b> Anatomy, types, patient & flap selection, how to get started, practical tips	Mr Peter Barry A/Prof Farid Meybodi	
10:15 – 10:45am	MORNING TEA		
SESSION 3: Therapeutic Mammaplasty (Mark up sessions)			
10:45 – 11:20am <b>Session 1</b>	1. Therapeutic Mammaplasty (Mark Up, Small Group) 2. Therapeutic Mammaplasty (Mark Up, Small Group) 3. Perforator Flap (Mark Up, Small Group) 4. Perforator Flap (Mark Up, Small Group)	ALL FACULTY	
11:20 – 11:55am <b>Session 2</b>	Therapeutic Mammaplasty (Mark Up, Small Group)     Vertical Mammaplasty (Mark Up, Small Group)     Perforator Flap (Mark Up, Small Group)	ALL FACULTY	
11:55 – 12:30pm Session 3	Therapeutic Mammaplasty ( Mark Up, Small Group)     Vertical Mammaplasty ( Mark Up, Small Group)     Perforator Flap ( Mark Up, Small Group)	ALL FACULTY	
12:30 – 12:40pm	SPONSOR PRESENTATION		
12:40 – 1:40pm	LUNCH		
SESSION 4 : Cadaveric Session			
1:40 – 1:50pm	SPONSOR PRESENTATION		
1:50 – 2.30pm	Transfer to University of Queensland – Gross Anatomy Lab (St Lucia)	ALL	
2:30 – 4:30pm	Cadaveric Dissection Therapeutic Mammaplasty + Perforator flaps	ALL FACULTY	

DAY TWO SESSION 5 : Mastectomy and Implant Reconstruction			
8:00 – 8:20am	Indications and patient selections Cancer & patient factors (10 mins)	Mr Peter Barry	
	Implant and tissue expander selection How to measure to order (10 mins)	lan Ng	
8:20 – 8:40am	Skin and Nipple sparing mastectomy: Infiltration & sharp dissection	A/Prof Farid Meybodi	
	Skin and Nipple sparing mastectomy: Diathermy	A/Prof Cindy Mak	
8:40 – 9.55am	Breast Reconstruction: "Why I use what I use, do what I do and how I do it"  > 2 stage flex (15 mins)  > DTI flex (15 mins)  > DTI no mesh (15 mins)  > Other (15 mins)  Discussion / Q&A	A/Prof Sanjay Warrier Dr Benjamin Green A/Prof James French Mr Peter Barry All	
10:10 – 10:40am	Implant Based Reconstruction in large and ptotic breasts:  1. Lipodermal flap / skin reducing mastectomy 2. 2 stage mastopexy followed by NSM "Why I do what I do"	Dr Ashutosh Kothari	
10:40 – 11:00am	The role of autologous recon/timing radiotherapy	Joe Dusseldorp	
11:00 – 11:40 am	MORNING TEA + Sponsor Presentations		
11:45 – 12.05pm	Implant Choice, Mastectomy Planning and Selection (Group 1 & 2 Mark Ups, Group 3 & 4 Case Discussions	ALL FACULTY	
12.05 – 12.25pm	Implant Choice, Mastectomy Planning and Selection (Group 3 & 4 Mark Ups, Group 1 & 2 Case Discussions)	ALL FACULTY	
12.30 – 1.00pm	Complex Case Discussions (x 4 small rooms) -	ALL FACULTY	
1:00 – 2:00 pm	LUNCH		
SESSION 6: Finish	hing Touches		
2:00 – 2:20pm	Principles of Fat Grafting: Autologous Fat Grafting: How I do it	A/Prof Cindy Mak A/Prof James French	
2:20 – 2:30pm	Nipple Reconstruction	Dr Joe Dusseldorp	
2:30 – 2:40pm	AFTERNOON TEA		
SESSION 7 : Cad	laveric Session & Group Discussion		
2:40 – 3:20pm	Transfer to University of Queensland – Gross Anatomy Lab (St Lucia)	ALL	
3:20 – 5:00pm	Cadaveric Dissection - UoQ Nipple sparing mastectomy, implant reconstruction and fat grafting	ALL FACULTY	
CLOSE			

## **FACULTY**



The Level 2 Oncoplastic Breast Surgery Workshop is developed, refined and presented by experienced and senior breast surgeons who contribute to BreastSurgANZ's pursuit of breast practice cancer surgery and who are committed to an increased offering of oncoplastic surgery to Australian and New Zealand patients.

The workshop is supported by an excellent faculty from across Australia and New Zealand and we are thrilled to have Dr Ashutosh Kothari, Oncoplastic Breast Surgeon, Clinical Lead Breast Surgery at Guy's and St Thomas' NHS Foundation Trust, UK.

## **CONVENORS**



#### Dr. Susannah Graham, FRACS

Dr Susannah Graham is a breast surgeon with specialisation in oncoplastic techniques for the treatment of breast cancer. Susannah holds visiting medical officer appointments at Chris O'Brien Lifehouse and RPA Hospital. She is a full member of BreastSurgANZ – the specialty society for surgeons treating breast cancer. She completed her BreastSurgANZ Post Fellowship Training Fellow at Westmead Breast Cancer Institute, where she spent eighteen months gaining extensive experience and training in breast surgical oncology and oncoplastic breast surgery. Susannah is the current education lead for breast surgery at the RPA Institute of Academic surgery and she coordinates a unit of study for the University of Sydney Masters of Breast Surgery. She is actively engaged in research, her current research interest is in prehabilitation for women receiving neoadjuvant chemotherapy for breast cancer and cancer in young women.



#### Dr. Beth Campbell, MBBS MMed FRACS

Dr Beth Campbell is a specialist breast surgeon at Brisbane Breast and Surgical Care with expertise in oncoplastic techniques for the treatment of breast cancer. She is a full member of BreastSurgANZ. Beth completed her medical degree at the University of NSW, surgical training in southeast Queensland, and a Masters in Medicine at the University of Sydney.

She was awarded her FRACS in 2018, undertook two years of post-fellowship training at Sunshine Coast University Hospital, and completed the BreastSurgANZ Post Fellowship Training Program at the Royal Melbourne Hospital, Royal Women's Hospital, and Westmead Breast Cancer Institute. Beth has extensive experience in managing simple and complex breast conditions, with a focus on achieving excellent cancer and cosmetic outcomes, and is committed to multidisciplinary, personalised care for her patients.

## **FACULTY**



#### Dr. Ashutosh Kothari

Dr. Ashutosh Kothari moved to London in 1999 and joined the Hedley Atkins Breast Unit, Guys & St. Thomas Hospital, where he continues as an oncoplastic and reconstructive breast surgeon. He specialises in onco-aesthetic breast conservation and reconstruction, with a focus on hereditary breast cancer and young women.

He is an Hon. Senior Lecturer at Kings College London, teaches internationally, and serves on several surgical oncology committees. With an extensive research portfolio, he has led novel intra-operative imaging trials, published widely, and sits on two international editorial boards.



#### Mr Peter Barry, MBBS (Hons) MPhil FRACS

Mr Peter Barry is a consultant oncoplastic breast surgeon at the Royal Marsden Hospital London, UK. Mr Barry qualified from University of Sydney, Australia, in 2000. He obtained a Fellowship in Surgical Oncology and undertook a clinical fellowship in sarcoma and melanoma as well as with the Breast Unit at The Royal Marsden from 2000–02. He had a surgical oncology practice in Australia, with an interest in breast oncoplastic techniques and reconstructive options following cancer surgery as well as preventative surgery for high-risk women. He also performs ultrasound of the breast in the clinic and operating theatre to localise breast lesions.

## **FACULTY**



#### Dr. Peter Chin, FRACS

Dr Peter Chin is the lead breast surgeon at Tauranga Hospital, New Zealand . He graduated from the University of Melbourne, undertook his FRACS training in New Zealand and gained post-fellowship experience at the Edinburgh Breast Unit. Peter is on the Oncoplastic Committee of BreastSurgANZ, is President of the Australasian Society for Breast Disease and is an honorary lecturer with the University of Auckland. He is a passionate teacher in Oncoplastic surgery and contributed to the University of Sydney's Breast course. Peter performs a wide range of Oncoplastic procedures including Therapeutic Mammaplasty, Perforator flaps, fat grafting, Implant-based as well as autologous Lat Dorsi Flap reconstruction.



#### Dr. Joe Dusseldorp, FRACS

Dr Joe Dusseldorp is a reconstructive plastic surgeon. He completed his specialist training through the Royal Australasian College of Surgeons and graduated with honours from University of Sydney Medical School. Joe enjoys managing a wide range of plastic surgical conditions and believes strongly in collaborative engagement with patients and their families to deliver care that is personal, taking into consideration all aspects of care, not only physical. Joe's main interest area is breast reconstruction that is designed to restore a patient the normality of a full life. Joe also offers a range of innovative treatments for breast reconstruction (including the DIEP flap) and for many of these techniques, this is the first time they have been offered in Australia, representing a wonderful opportunity for patients to now seek treatment at home and not have to travel overseas to seek care. His commitment to providing his patients with options that are not just up-to-date, but are at the leading edge of surgical practice, is reinforced by strong collaborations with innovators in all of these fields, locally and internationally.



## A/Prof James French, FRACS

James is the head of Breast Surgery at the Westmead Breast Cancer Institute. He is a Clinical Associate Professor with a strong interest in various aspects of oncoplastic Breast Surgery, including Nipple-sparing mastectomy and immediate implant-based breast reconstruction, advanced reshaping of the breast post-breast-conserving surgery, mammoplasty techniques, chest wall perforator flaps, and immediate autologous fat grafting. Additionally, he chairs two MDT meetings, serves as a long-term board member at Lakeview Private Hospital, and is a councillor for BreastSurgANZ. James has contributed to 48 peer-reviewed articles and has been involved in several clinical trials.



#### A/Prof Cindy Mak, FRACS

A/Prof Cindy Mak is the Director of Breast Services, and Head of Breast Surgery at Chris O'Brien Lifehouse and Royal Prince Alfred Hospital in Sydney. She is a Clinical Associate Professor at the University of Sydney. She completed her surgical training in Sydney and her breast surgery fellowship at the Edinburgh Breast Unit. Cindy is the current chair of the Oncoplastic Committee of BreastSurgANZ.



#### Dr. Ben Green, FRACS

Ben Green is a Breast and Endocrine Surgeon in Brisbane. He has a practice focusing in oncoplastic breast surgery at St Andrews War memorial Hospital and The Wesley Hospitals and a private practise in Fortitude Valley, Brisbane.

He is the Secretary/Treasurer of BreastSurgANZ and is the current co-chair of the Post Fellowship training program in breast surgery and has a keen interest in teaching where he is a unit co-ordinator for university of Sydney Oncoplastic graduate Certificate course. Ben has also commenced as an Examiner in General Surgery.



#### A/Prof Farid Meybodi, FRACS

Farid Meybodi is a specialist Breast and Endocrine Surgeon. He is part of a renowned dynamic team at the forefront of Oncoplastic Breast Surgery, using the most current, up-to-date techniques to provide the best possible cancer-free patient outcomes and cosmetic results. After being awarded FRACS in 2013 Farid spent three years as a Breast and Endocrine Fellow in Nepean, St George, and Westmead Hospitals. During his final year of training, he focused more on oncoplastic breast surgery and personalised care for breast cancer patients – which has now become his main area of subspecialty and expertise. As an Associate Professor at the University of Sydney, Farid is passionate about teaching and research. His special area of interest is oncoplastic breast surgery, particularly breast reconstruction.

## **FACULTY**



#### Dr. lan Ng, FRACS

Dr Ng completed his MBBS at the University of Sydney in 2011 and went on to undertake his Surgical Training in various Sydney Hospitals, including Westmead Hospital in New South Wales. In 2019 Dr Ng obtained his Fellowship to the Royal Australasian College of Surgeons and completed his subspecialty Post Fellowship training with the Breast Surgeons of Australia and New Zealand (BreastSurgANZ) Society at Concord Hospital and Westmead Breast Cancer Institute. As a Consultant Breast and General Surgeon, Dr Ng has obtained full membership to the Breast Surgeons of Australia and New Zealand (BreastSurgANZ) Society and serves as a member of the Oncoplastic Committee. Dr Ng has a public appointment as a Consultant Breast and General Surgeon at Toowoomba Hospital with a special interest in Breast Cancer Surgery and various oncoplastic reconstruction techniques to obtain a good cosmetic outcome. Dr Ng has been actively involved in research in this area and has recently published and presented on the above topics.



#### A/Prof Sanjay Warrier, FRACS

A/Prof Warrier is a Consultant Breast Surgeon at the Chris O'Brien Lifehouse and designated chief surgeon for Sydney Local Health District BreastScreen. He is passionate about patient care, teaching and research. Sanjay undertook extensive post-fellowship training in breast surgery consolidating surgical techniques in both an oncological and reconstructive setting. He is an Associate Professor of Sydney University and breast research lead with the RoyalPrince Alfred Academic Institute. Sanjay is the co-founder of the Masters in Breast Surgery run through Sydney university. Sanjay has presented his research at multiple national and international conferences including San AntonioBreast Symposium and ASCO. He won the Patron's Prize at RPAH for the best scientific oral presentation on his work on Hedgehog signalling.

## SUPPORT FACULTY



Dr. Diana Tam, FRACS

Dr Diana Tam is a staff specialist oncoplastic and reconstructive breast, endocrine, melanoma and general surgeon at The Prince Charles Hospital, RBWH, STARS and BreastScreen Queensland. She is passionate about achieving the best for her patients and colleagues and is always trying to find ways to improve, support and propel colleagues and current practices to a higher level of excellence. Dr Tam is heavily involved in research and is on a range of organisational committees including the Royal Australasian College of Surgeons Queensland State Committee, Comprehensive Breast Cancer Institute Clinical Advisory Group and Metro North Clinical Council.



Dr. Heidi Peverill, FRACS

Dr Heidi Peverill has undergone advanced training in breast and melanoma surgery. She has a particular interest in breast preservation and reconstruction. This includes implant reconstruction as well as oncoplastic, local flap, breast lift and reduction techniques, to achieve both best practice cancer management as well as optimum aesthetic results. In addition, she cares for women and families at high risk of breast cancer, providing genetic testing and long-term management. After obtaining fellowship in 2011 she then undertook further training to specialise in Breast Surgery. She has completed a Masters of Advanced Breast Surgery (University of Sydney), and has been a full member of BreastSurgANZ since 2013.

**Dr. Tony Mallett FRACS** 

## SPONSOR ACKNOWLEDGEMENT

Special thanks are extended to our workshop sponsors.







